

Registration  
Form & Class  
Schedule  
Drop 10 in 10

Saturdays,  
September 11–  
November 13, 2010  
10:00–11:00 a.m.

OR

Tuesdays,  
September 14 -  
November 16, 2010  
6:30–7:30 p.m.

Glenwood YMCA  
3727 Cherry Street  
Erie, PA 16508



Highmark Preventive Health Services



CLASS FEES

Highmark members: \$18\*

YMCA members without  
Highmark \$103.00\*

Non-YMCA, Non-Highmark  
\$118.00\*

\*Fee includes tool kit

