

1-Jul

MONDAY		TUESDAY	
5:45	X-Bike Class - Mary	5:45	
9:30	X-Bike Class - Michele	9:30	
5:30	X-Bike Class - Gwen	5:30	

THURSDAY		FRIDAY	
5:45	X-Bike Class - Joan	5:45	
9:30	X-Bike Class - Cary	9:30	
5:30	X-Bike Class - Gwen		

We Welcome New Riders!

ALL 1st Time X-Bike Riders **MUST** arrive 15 minutes **BEFORE**



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WEDNESDAY	
X-Bike Class - Joan	5:45
X-Bike Class - Michele	9:30
X-Bike Class -	5:30

SATURDAY	
X-Bike Class - Mary	8:15
X-Bike Class - JP	9:15

SUNDAY	
	12:15

Arrive 15 minutes BEFORE the scheduled start time of the class.



Summer

X-Bike Class - Mary

X-Bike Class - Olga

X-Bike Class - Michele

45 Min. X-Bike Class
Mary

X-Bike Class - Gwen

X-Bike Class

ed start time of the class.

