

Winter

MONDAY		TUESDAY		WEDNESDAY	
5:45	X-Bike Class - Mary	5:45	X-Bike Class - Joan	5:45	X-Bike Class - Mary
9:30	X-Bike Class - Michele	9:30	X-Bike Class - Michele	9:30	X-Bike Class - Olga
4:30	X-Bike Class - Joan	4:30	X-Bike Class - Nancy Jo	5:45	X-Bike Class - Nancy Jo
5:30	X-Bike Class - Gwen	6:30	X-Bike Class - Janis	6:30	X-Bike Class-Michele
7:30	Youth & Adult - Liz Virtual X-Bike Class				
THURSDAY		FRIDAY		SATURDAY	
5:45	X-Bike Class - Joan	5:45	X-Bike Class - Mary	8:15	45 Min. X-Bike Class Mary
9:30	X-Bike Class - Cary	9:30	X-Bike Class - JP	9:15	X-Bike Class - Gwen
5:30	X-Bike Class - Gwen				
6:30	X-Bike Class - Janis				
				SUNDAY	
				12:15	X-Bike Class
				1:15	X-Bike Class

We Welcome New Riders!

ALL 1st Time X-Bike Riders **MUST arrive 15 minutes BEFORE** the scheduled start time of the class.



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