

# JULY 2010 – OPEN GYM TIMES

## GYM 1

| Mon  | Tue   | Wed   | Thu   | Fri  | Sat                                 |
|--|---|---|---|--|-------------------------------------|
| <b><u>5</u></b>                                  | <b><u>6</u></b>   | <b><u>7</u></b>   | <b><u>8</u></b>   | <b><u>9</u></b>                                    | <b><u>10</u></b>                    |
| 6:30 AM –<br>7:15 AM<br><br>1:15 PM –<br>8:30 PM | 5:00 AM<br><br>UNTIL<br><br>8:30 PM   | 6:30 AM<br><br>UNTIL<br><br>8:30 PM   | 5:00 AM<br><br>UNTIL<br><br>8:30 PM   | 6:30 AM –<br>10:45 AM<br><br>12:45 PM –<br>8:30 PM | 7:30 AM<br><br>UNTIL<br><br>7:30 PM |
| <b><u>12</u></b>                                 | <b><u>13</u></b>  | <b><u>14</u></b>  | <b><u>15</u></b>  | <b><u>16</u></b>                                   | <b><u>17</u></b>                    |
| 6:30 AM –<br>7:15 AM<br><br>1:15 PM –<br>8:30 PM | 5:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 6:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 5:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 6:30 AM –<br>10:45 AM<br><br>12:45 PM –<br>8:30 PM | 7:30 AM<br><br>UNTIL<br><br>7:30 PM |
| <b><u>19</u></b>                                 | <b><u>20</u></b>  | <b><u>21</u></b>  | <b><u>22</u></b>  | <b><u>23</u></b>                                   | <b><u>24</u></b>                    |
| 6:30 AM –<br>7:15 AM<br><br>1:15 PM –<br>8:30 PM | 5:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 6:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 5:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 6:30 AM –<br>10:45 AM<br><br>12:45 PM –<br>8:30 PM | 7:30 AM<br><br>UNTIL<br><br>7:30 PM |
| <b><u>26</u></b>                                 | <b><u>27</u></b>  | <b><u>28</u></b>  | <b><u>29</u></b>  | <b><u>30</u></b>                                   | <b><u>31</u></b>                    |
| 6:30 AM –<br>7:15 AM<br><br>1:15 PM –<br>8:30 PM | 5:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 6:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 5:30 AM –<br>7:15 AM<br><br>8:45 AM –<br>10:45 AM<br><br>1:15 PM –<br>8:30 PM | 6:30 AM –<br>10:45 AM<br><br>12:45 PM –<br>8:30 PM | 7:30 AM<br><br>UNTIL<br><br>7:30 PM |

**\*\*SUMMER BUILDING HOURS\*\***  
**Monday thru Friday, 5:00 AM – 8:30 PM**

## JULY 2010 – OPEN GYM TIMES GYM 2

| Mon                  | Tue                  | Wed                  | Thu                  | Fri                  | Sat                                 |
|----------------------|----------------------|----------------------|----------------------|----------------------|-------------------------------------|
| <u>5</u>             | <u>6</u>             | <u>7</u>             | <u>8</u>             | <u>9</u>             | <u>10</u>                           |
| 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 7:30 AM<br><br>UNTIL<br><br>7:30 PM |
| 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM |                                     |
| <u>12</u>            | <u>13</u>            | <u>14</u>            | <u>15</u>            | <u>16</u>            | <u>17</u>                           |
| 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 7:30 AM<br><br>UNTIL<br><br>7:30 PM |
| 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM |                                     |
| <u>19</u>            | <u>20</u>            | <u>21</u>            | <u>22</u>            | <u>23</u>            | <u>24</u>                           |
| 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 7:30 AM<br><br>UNTIL<br><br>7:30 PM |
| 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM |                                     |
| <u>26</u>            | <u>27</u>            | <u>28</u>            | <u>29</u>            | <u>30</u>            | <u>31</u>                           |
| 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 5:00 AM –<br>5:45 AM | 7:30 AM<br><br>UNTIL<br><br>7:30 PM |
| 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM | 6:00 PM –<br>8:30 PM |                                     |

**SCHOOL AGE PROGRAM WEEKDAYS 6:00 AM – 6:00 PM  
GYM 2 DESIGNATED FOR PROGRAM STAFF DURING  
THESE TIMES**

**\*\*SUMMER BUILDING HOURS\*\*  
Monday thru Friday, 5:00 AM – 8:30 PM**

# JULY 2010 – OPEN GYM TIMES

## GYM 3

| <b>Mon</b>                                | <b>Tue</b>   | <b>Wed</b>   | <b>Thu</b>   | <b>Fri</b>                                 | <b>Sat</b>                             |
|---|--|--|--|--|--|
| <b><u>5</u></b>                           | <b><u>6</u></b>  | <b><u>7</u></b>  | <b><u>8</u></b>  | <b><u>9</u></b>                            | <b><u>10</u></b>                       |
| 5:00 AM – 7:45 AM<br><br>12:45P – 8:30 PM | 5:00 AM – 7:45 AM<br><br>12:45P – 6:45 PM<br><br>8:00 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>12:45P – 5:45 PM<br><br>6:30 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>12:45P – 6:45 PM<br><br>8:00 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>2:00 PM – 5:30 PM | 7:30A – 8:45 AM<br><br>10:15A – 12:15P |
| <b><u>12</u></b>                          | <b><u>13</u></b>   | <b><u>14</u></b>   | <b><u>15</u></b>   | <b><u>16</u></b>                           | <b><u>17</u></b>                       |
| 5:00 AM – 7:45 AM<br><br>12:45P – 8:30 PM | 5:00 AM – 7:45 AM<br><br>12:45P – 6:45 PM<br><br>8:00 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>12:45P<br><br>UNTIL<br>8:30 PM            | 5:00 AM – 7:45 AM<br><br>12:45P – 6:45 PM<br><br>8:00 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>2:00 PM – 5:30 PM | 7:30A – 8:45 AM<br><br>10:15A – 12:15P |
| <b><u>19</u></b>                          | <b><u>20</u></b>   | <b><u>21</u></b>   | <b><u>22</u></b>   | <b><u>23</u></b>                           | <b><u>24</u></b>                       |
| 5:00 AM – 7:45 AM<br><br>12:45P – 8:30 PM | 5:00 AM – 7:45 AM<br><br>12:45P – 6:45 PM<br><br>8:00 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>6:30 PM – 8:30 PM                         | 5:00 AM – 7:45 AM<br><br>12:45P – 6:45 PM<br><br>8:00 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>2:00 PM – 5:30 PM | 7:30A – 8:45 AM<br><br>10:15A – 12:15P |
| <b><u>26</u></b>                          | <b><u>27</u></b>   | <b><u>28</u></b>   | <b><u>29</u></b>   | <b><u>30</u></b>                           | <b><u>31</u></b>                       |
| 5:00 AM – 7:45 AM<br><br>12:45P – 8:30 PM | 5:00 AM – 7:45 AM<br><br>12:45P – 6:45 PM<br><br>8:00 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>6:30 PM – 8:30 PM                         | 5:00 AM – 7:45 AM<br><br>12:45P – 6:45 PM<br><br>8:00 PM – 8:30 PM | 5:00 AM – 7:45 AM<br><br>2:00 PM – 5:30 PM | 7:30A – 8:45 AM<br><br>10:15A – 12:15P |

**GYM RESERVED FOR BIRTHDAY PARTIES; FRI @ 600 PM & SAT 1PM/4PM**  
**\*FRIDAY NIGHTS/SATURDAYS SUBJECT TO CHANGE**