

## August 18: YMCA CAMP SHERWIN

Camp Sherwin is a jewel in the YMCA Walking Wednesday crown. Seventy acres on the shores of Lake Erie with cool green spaces, great lake views (of a Great Lake) and forested trails and pathways.

Celebrate YMCA Senior Health & Wellness Day with us and note this special start time of 10 a.m. Registration at your YMCA branch and small fee required for this walk.

MEETING PLACE: YMCA Camp Sherwin, 8600 West Lake Road across from Mason Farms. Transportation from the YMCA is available to YMCA Senior Health & Wellness Day attendees.

TOENAIL DESCRIPTION: Established trails and pathways on relatively level ground. For the more adventurous, you can get in a nice stair climb workout using the wooden stairs down (and back up) to the beach.

## September 1: EATON RESERVOIR

A walk around this hidden gem in North East township is a country pleasure.

MEETING PLACE: Parking lot of Eaton Reservoir on Ashton Road. From Wesleyville exit at I-90, take Route 430 south.

Continue on Rt. 430 past intersection of Rt. 89. Follow until intersection of Ashton Road. Turn left on Ashton Rd. Follow Ashton Road 2.3 miles, parking is on your left. NOTE: on some maps, Ashton Road will be called Damsite Road.

TOE NAIL DESCRIPTION: Not much in the way of hills but the walk is longish (between 5-6 miles) on a forest/gravel surface.

## September 15: BAYFRONT PROMENADE

A beautiful walkway overlooking the bay!  
We've got it so let's walk it!

MEETING PLACE: The Erie County Library.

TOE NAIL DESCRIPTION: Paved, urban walking. Some hills as we go from the water front to the bluffs promenade.

## 2010 YMCA

### WALKING WEDNESDAYS

Walking Wednesdays are dedicated to enjoying the great outdoors and having you see it from the soles of your shoes. Cool green spots in the country, beautiful homes in the city, a return to places you may recall and an introduction to local vistas you may not have known about. Y Walking Wednesdays are **FREE** to the public to encourage walking for health and discovering scenic parts of our region.

Walks are held every other Wednesday from mid-May through September.

All walks start at 9 a.m., unless otherwise noted.

We will walk for about 1 hour.

Some walks are more difficult than others and may require hiking ability.

For more information, call any of our YMCAs:

County, 734-5700,  
Downtown, 452-3261,  
Eastside, 899-9622,  
Glenwood, 868-0867.



[www.ymcaerie.org](http://www.ymcaerie.org)

### May 26: GLORIOUS GLENWOOD

The season kicks off from the Glenwood YMCA and a pleasant stroll through the adjoining neighborhoods.

MEETING PLACE: Glenwood YMCA, Fireside Café.

TOE NAIL DESCRIPTION: All paved, urban walking over slight elevation changes.

### June 9: ERIE CEMETARY

A cemetery as a walking destination? You'll see why! Beautiful flowers, magnificent trees and headstone history.

MEETING PLACE: The main gates of the Erie Cemetery at 2116 Chestnut Street.

TOE NAIL DESCRIPTION: Paved walking, mostly flat with the exception of a short climb up Mausoleum Hill.

### June 23: BROWNS FARM

This Asbury Woods extension is a walking wonderland.

MEETING PLACE: The Browns Farm barn (not to be confused with the white barn on Asbury Road) is located on Sterrettania Road directly across from Asbury Elementary on 5876 Sterrettania Road.

TOE NAIL DESCRIPTION: This walk comes in two types: an easier, grassy swath cut on top of the ridge or the more difficult entry down a relatively steep path to the wooded valley (which of course requires a relatively steep climb out.)



YMCA

We build strong kids,  
strong families, strong communities.

### July 7: BEHREND CAMPUS

This constantly growing, academic sanctuary is a walkers delight.

MEETING PLACE: Enter the campus and drive toward the back parking lots and park near the Grotto Picnic Shelter on your right.

TOE NAIL DESCRIPTION: Walking on campus is paved with rolling hills. Some side excursions can be challenging.

### July 21: EUP CROSS-COUNTRY

The cross country trails maintained by Edinboro University provide a glimpse into the rolling, emerald green lands that locals call the "Boro of Edin."

MEETING PLACE: From Rt. 6 & Rt. 99 head east on Rt. 6 for a little over one mile. Turn right onto Perry Lane (just past Sox Harrison Stadium) and go 4/10 of a mile. Parking lot is on your left.

TOE NAIL DESCRIPTION: Grassy trails can be muddy at times with a few spirited climbs.

### August 4:

### CAMBRIDGE SPRINGS TROLLEY LINE

A unique slice of history on an abandoned trolley line restored to a fine hiking trail.

MEETING PLACE: Head to Cambridge Springs (from Erie, heading south on Rt. 19 will take you there) and go straight across French Creek on the big iron bridge. At the traffic light, turn left heading out of town on Route 408.

Check your odometer: You will follow Rt. 408 for almost exactly 5 (five) miles. Turn left on Swamp Road and enter the National Wildlife Refuge. Go 1/10 mile on Swamp Road. Parking lot is on the left, trail head is on the right.

TOE NAIL DESCRIPTION: No real hills but the trail's forest surface can be tricky with roots and rocks.