



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TRANSFORM YOUR LIFE

## HOLISTIC HEALTH FAIR

Saturday, Oct. 15, 10 a.m.-2p.m.

GLENWOOD PARK YMCA, 3727 CHERRY STREET

A dynamic day to promote natural health and healing for spirit, mind and body! Informational materials, related products workshops, educational presentations and samples of services from regional practitioners.

**This event is FREE and OPEN TO THE PUBLIC.**

### Featured Modalities Include:

Acupressure

Chinese Medicine

Eden Energy Medicine

Bioenergy

Reflexology

Reiki

Massage Therapies

Chiropractic

Quantum Touch



[www.ymcaerie.org](http://www.ymcaerie.org)