



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADULT SPORTS – JAN 2012

DOWNTOWN Y CO-ED VOLLEYBALL

CO-ED 6's COMPETITIVE

Fall Session begins Monday January 9th

- 🏐 6v6 Format – must have at least 2 player of the opposite sex on team.
- 🏐 League FEE - \$220/Team
- 🏐 8 Weeks + Playoffs (all teams make playoffs)
- 🏐 Registration Deadline: Wednesday Jan 4th



CO-ED 6's REC

Fall Session begins Tuesday January 10th

- 🏐 6v6 Format – must have at least 2 players of the opposite sex on team
- 🏐 League Fee - \$220/Team
- 🏐 8 Weeks + Playoffs (all teams make playoffs)
- 🏐 Registration Deadline: Wednesday Jan 4th
- 🏐 REC Participants may NOT participate in the Power 4's League

CO-ED POWER 4's

Fall Session begins Thursday January 12th

- 🏐 4v4 Format – must have at least 1 player of opposite sex on team.
- 🏐 League Fee - \$220/Team
- 🏐 8 Weeks + Playoffs (all teams make playoffs)
- 🏐 Registration Deadline: Wednesday Jan 4th
- 🏐 Power 4's Participants may NOT participate in the REC League.

For more information Please feel free to contact:

Registrations may be picked up at the Welcome Center or printed off of our website.

<http://www.ymcaerie.org/downtown/healthy-living/#sports>

Monica Olesnanik
Program Director
The Y @ UPMC Hamot
300 State St.; Suite 107
Erie, PA 16507
(814) 877-7030