Downtown YMCA
Gym Schedule February 2012

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	North	South	North	South	North	South	North	South	North	South	North	South	North	South
5-6am	YMCA CLOSED		OPEN	OPEN		OPEN		OPEN		OPEN		OPEN	CLOSED	
6-6:30am														
6:30-7am														
7-7:30am			OPEN 5-9:30am				Open 5-9:30am				OPEN 5-9:30am			
7:30-8am														
8-8:30am														
8:30-9am														
9-9:30am					OPEN 5am-2pm				OPEN 5am-2pm					
9:30-10am			Silver Sneakers 9:30-10:30a				Silver Sneakers 9:30-10:30a				Silver Sneakers 9:30-10:30a			
10-10:30am														
10:30-11am			OPEN 10:30-2pm	SACC 6:30am - 6:15pm		SACC 6:30am - 6:15pm	OPEN 10:30-2pm	SACC 6:30am - 6:15pm		SACC 6:30am - 6:15pm	OPEN 10:30-2pm	SACC 6:30am - 6:15pm	OPEN 8-1pm	OPEN 8-12pm
11-11:30am	OPEN 11-4pm													
11:30-12pm														
12-12:30pm														Adult Open 12-2pm
12:30-1pm														
1-1:30pm													SACC 1-3pm	
1:30-2pm														
2-2:30pm			SACC 2-5:30pm		SACC 2-5:30pm		SACC 2-5:30pm		SACC 2-5:30pm		SACC 2-5:30pm			OPEN 2-7:30p
2:30-3pm														
3-3:30pm													OPEN 3-7:30pm	
3:30-4pm														
4-4:30pm	YMCA CLOSED													
4:30-5pm														
5-5:30pm														
5:30-6pm			Adult Co-Ed Vball League COMP 5:30-9p		Adult Co-Ed Vball League REC 5:30-9p		OPEN 5:30-8:30p		OPEN 5:30-8:30p		OPEN			
6-6:30pm				OPEN 6:15-8:30p		OPEN 6:15-8:30p		OPEN 6:15p-8:30p		OPEN 6:15-7p	Ballroom Dance 6:30-7:30p	OPEN 6:15-8:30p		
6:30-7pm										CLAY Bball 7-8:30p				
7-7:30pm											OPEN 7:30-8:30p		CLOSED 7:30pm	
7:30-8pm														
8-8:30pm														

***SACC** - School Age Child Care

***SACC Fun Days the North Gym will be reserved from 9-5:30pm. Fun Days are: 2/17, 2/20, 4/2-4/9, 4/24, 6/7.**

Early Dismissal - North Gym reserved from 1pm - 5:30pm: 3/2, 5/28.

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