



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA OF GREATER ERIE GLENWOOD PARK Y

Membership Benefits,  
Guidelines & Services



# ABOUT US

Welcome to the YMCA of Greater Erie, Glenwood Park branch.

**The Y's Mission:** To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

**The Y's Cause:** At the Y, strengthening community is our cause. Every day, the Y works side by side with our neighbors to ensure that everyone, regardless of age, income or background, has the opportunity to learn, grow, and thrive.

**The Y,** founded in 1860, is one of Erie's leading 501(c)(3) nonprofits, committed to strengthening our community in the areas of youth development, healthy living and social responsibility.

## The Y by the Numbers:

The Y has four membership branches: the County Y located in Edinboro, the Downtown, Eastside and Glenwood Park Ys. Twenty-one award-winning early care and education and school-age centers provide youth development programs to children as young as 6 weeks through teen years. Unique community partnerships with the city of Erie and the Erie Housing Authority serve Erie's most-at-risk, underserved kids and teens directly in their neighborhoods.

Thirty thousand people of all ages, incomes, backgrounds and abilities are served by the Y and Y programs. Financial assistance is available for all Y memberships and programs.

## Contact Us

3727 Cherry Street  
Erie, PA 16508  
(814) 868-0867  
[www.ymcaerie.org](http://www.ymcaerie.org)  
Find us on Facebook

## Hours of Operation

Monday-Friday	5 a.m.-10 p.m.
Saturday	7 a.m.-8 p.m.
Sunday	10 a.m.-6 p.m.

Building will be locked one half hour before closing. Closed all major holidays.

# SUPPORT YOUR YMCA!

## Annual Campaign

At the Y, strengthening community is our cause. We are in this community to give everyone an opportunity to learn, grow and thrive. At the Y, no child, family or adult is turned away. Our annual campaign directly raises funds for children, teens, adults and families to make sure that everyone — regardless of age, income or background — has the opportunity to benefit from Y membership and programs.

As the nation's leading nonprofit for youth development, healthy living and social responsibility, we use your gift to make a meaningful, enduring impact. Your contribution is invested in people. When you give to the Y, you help move people forward.

The YMCA of Greater Erie is a 501(c)(3) charity and is one of the largest philanthropic organizations in Erie County dedicated to helping children and families live healthier, more productive lives in spirit, mind and body.

## Financial Assistance

If you are unable to pay the full cost of Y membership or programs, you may apply for partial assistance based on your financial situation. Funds for financial assistance are raised through the annual campaign and come from generous individuals and businesses in the community.

## Volunteer Information

Volunteers are the strength of our organization. They make it possible to offer the wide range of quality services and programs that we do. Their contributions impact all aspects of the Y. Volunteers assist us in the following areas: aquatics, wellness, fund development, office, special events, committees, youth sports and board leadership. If you are interested in volunteering for the Y, please contact [www.ymcaerie.org/volunteer](http://www.ymcaerie.org/volunteer) to learn more.



# MEMBERSHIP

## MEMBER BENEFITS

**As a member of the YMCA of Greater Erie, your membership benefits include:**

- Volunteer and philanthropic opportunities
- A friendly, caring staff to help you at any time
- A family-friendly environment
- Being part of a community
- Making new friends with similar interests
- Three FREE guest passes per year
- Membership privileges to four membership branches and YMCA Camp Sherwin; this is referred to as a Metro Membership
- Free access to Tri-Community Pools & Waterpark (Eastside branch and Metro members only); general daily admission is available June–August
- Free support services including meeting with Wellness Center staff and orientations to the Y are available to assist you in increasing your involvement in Y programs and experiences
- Support in your pursuit of healthy living, youth development and family strengthening
- Unlimited use of wellness centers, including all cardiovascular and strength training equipment
- Gym, swim, racquetball, and basketball during open court, gym and pool times
- Unlimited group exercise and water fitness classes
- Senior adult programs and activities; we are a SilverSneakers and Silver&Fit location
- Youth sports leagues
- Research-based swim lesson curriculums
- Family, special needs and full-service locker rooms
- A men's private locker room is available for an extra fee
- Adventure Area, free childcare for ages 6 weeks to 7 years, while you're at the Y
- Fun & Fit Zone for kids 8 to 14, free structured area while you're at the Y
- Special member pricing for swimming lessons, leagues and special events and programs
- Early program registration opportunities
- Guest privileges at many YMCAs nationwide
- Open seven days per week
- Teen Center for ages 13–18 at the Downtown Y

## GETTING STARTED AT THE Y

At the Y, we are here to work beside you in your pursuit of healthy living and family strengthening. At all levels of the Y, our staff are certified professionals and are here to serve you.

### Wellness Center Staff

The Y's certified Wellness Center staff works to not only create a welcoming environment for our members of all backgrounds and abilities, but is also available to help you to achieve your health and well-being goals.

If you have not yet met with one of our Wellness Center staff, please contact the Membership Desk to schedule your appointment.

### Wellness Center and Program Orientations

Y staff will demonstrate proper use of the cardiovascular and strength training equipment, and orient you to the free weight room and/or group exercise classes. Please contact the Membership Desk to schedule your appointment.

### Program Guide/ Sign-Up

For the convenience of our members, the Y publishes a seasonal program guide that is available at our Membership Desk and on our website at [www.ymcaerie.org](http://www.ymcaerie.org). Some programs at the Y require registration. Most are included in your membership and if a program fee is required, members are extended a member discount. Registration is held throughout the year and is communicated to our members through monthly e-newsletter, Facebook postings and throughout our branches. Members may register for classes online at [www.ymcaerie.org](http://www.ymcaerie.org) or by calling the Y at (814) 868-0867.

# MEMBERSHIP INFORMATION

## Membership Types

- **YOUTH**  
ages 18 and under
- **YOUNG ADULT**  
ages 19–26
- **ADULT**  
ages 27–61
- **SENIOR**  
ages 62+
- **COUPLE**  
any two adults living in the same household
- **FAMILY**  
any two adults over age 18 and dependent children living in the same household
- **ACTIVE MILITARY**  
active military on leave are welcome at the Y free of charge
- **MILITARY FAMILY**  
contact Military One Source at 1-800-342-9647

## Always Welcome at YMCAs (AWAY)

The Y is a member of the AWAY program and you are welcome to visit YMCAs across the country and around the world. Policies and processes vary according to the individual Y. When inquiring about facilities and visitation, please reference the YMCA of Greater Erie.

## My Y Is Every Y

Flexibility to use other Y facilities throughout Pennsylvania at no additional cost.  
(Must use Erie Y 51 percent of visits.)

## Financial Assistance

The Y provides financial assistance to ensure that everyone can afford Y programs and memberships. Applications for financial assistance are available at the Membership Desk.

The YMCA of Greater Erie is happy to work together with agencies and health insurance companies to offer membership programs — many offered at no additional cost to you. We advise that you contact your insurance company to gain a better understanding of how this cooperative effort could benefit you and your family.



# MEMBERSHIP

## MEMBERSHIP GUIDELINES

### Annual Membership Renewals

A renewal notice will be mailed to you approximately one month prior to your renewal date. Note that memberships paid for by monthly bank draft will not require a renewal notice and are continuous until cancellation.

### “How Are We Doing?”

We are happy to be a part of your day. Your experience and satisfaction are important to us. We invite you to speak to our staff or complete a “How Are We Doing?” card to express your satisfaction, concerns or questions. “How Are We Doing?” cards are available in the hallway at the top of the stairs near the chapel. Please feel free to contact any Y staff directly if you wish.

### Guest Passes

Adult and family memberships receive three FREE guest passes per year. Members receive notification in the mail to pick up guest passes. Guest passes for renewing members are available for pick up at the Membership Desk in January and must be signed out by the member. The active member must accompany the guest at the time of their visit. All guests must present a valid driver’s license for photocopying and will be asked to fill out a guest pass card. Guests must comply with the philosophy of the Y during their visit. Guests must be over age 18.

**Guest passes are available for purchase at the Y, before 2:30 p.m. M–F and after 2:30 p.m. Saturday and Sundays.**

### Membership Cancellations

Members who pay their monthly membership fee through a monthly automatic withdrawal need to cancel their membership by the 20th of the month in order to stop the draft that occurs on the first of the month. To cancel a membership, members must do so in person by filling out a cancellation form at the Membership Desk.

### Membership Identification

Upon joining the Y, Membership Staff will take your digital photograph and scan your fingerprint into our membership software. You will be assigned a code. You will use this code and your fingerprint to gain access to our Y facilities. Your code and scan are valid at all Erie Y branches if you are a Metro member.

### Membership Holds

Holds will be granted for medical and seasonal reasons only. Your membership can be put on hold by bringing in a note from your doctor. Holds must be requested prior to the absence and before the 20th of the month in order to stop the automatic withdrawal for the next month. Holds are limited to 90 consecutive days.

### Returned Payments

For checks or automatic drafts returned, members will be assessed a \$25 fee. Please ensure that all your personal information is current in our system, this includes current bank account information and expiration dates if applicable on your membership.

### Personal Items

The Y does not guarantee the security of personal belongings. Therefore we ask that you leave valuables at home. If you feel you must bring valuables, secure banks of lockers are available. Locks are encouraged to be used in the locker rooms but may not be left on lockers overnight. The Y is not responsible for lost or stolen items.

### Telephones

A courtesy phone for local calls is available next to the Membership Desk.

### WiFi

Complimentary WiFi is available throughout the building. Password is **webuildpeople**.

### Parking

The Y has a parking lot adjacent to our building. Please adhere to all parking signs. Violators will be towed at the owner’s expense. If the parking lot adjacent to the Y is full, free parking is available at the Erie Zoo/JMC Ice Arena located across the street. Parking is NOT permitted at Walgreens or other neighboring businesses.

## CODE OF CONDUCT

Using the principles of Caring, Honesty, Respect and Responsibility as a guide, we implement the following Code of Conduct to ensure all who participate in the Y enjoy a safe, welcoming and comfortable environment. We ask individuals to behave in a matter that upholds these principles at all times when they are in our facility or participating in our programs. Specifically, actions that do not adhere to these guidelines and are not permitted include:

- Wearing inappropriate attire, including swimsuits and workout attire; clothing with vulgar/profane writing or language is not allowed
- Using angry or vulgar language including swearing, name-calling or shouting
- Making physical contact with a person in any angry or threatening manner
- Engaging in sexual activity or contact with another person
- Harassing or intimidating by words, gestures, body language or other menacing behavior
- Stealing or destruction of property
- Carrying or concealing any weapons, devices or objects which may be used as a weapon
- Smoking — all Y membership and program centers offer a smoke-free environment
- Any other conduct of an inappropriate, threatening or offensive nature
- Refusing to adhere to staff requests
- Photography is prohibited within the Y, including the use of camera phones
- Disregard of safety, rules and regulations is prohibited
- Deliberate abuse or misuse of YMCA property or the property of others

Members and guests are encouraged to be responsible for their own personal comfort and safety. Please report any unacceptable behavior to a Y staff person immediately.

Members and guests are asked to limit cell phone usage as not to disrupt others.

Members and guests are asked to play personal music with earphones/earbuds.

The appropriate Y staff member will investigate all reported incidents. Suspension or termination of membership privileges may result from a violation of the Code of Conduct.

In accordance with Pennsylvania state law, mothers are welcome to breast-feed at the YMCA.

## EMERGENCY PROCEDURES

### Staff on Duty

Staff on Duty is staff designated to take a lead role in the daily operations of the facility and also in the event of an emergency. Please assist us in following their directions.

### Member Responsibility

Members are expected to assist us in an emergency by following the instructions from staff in order to resolve the situation as efficiently and safely as possible.

### Evacuations

All emergency exits are clearly marked. Please familiarize yourself with their locations. Should an evacuation of the facility be required for any reason, follow the directions of Y staff to ensure a safe and orderly exit from the building.

### Fire Alarm

If the fire alarm sounds please:

- STOP all activity
- Move quickly and orderly to the nearest exit to receive further instructions from staff

### Incident Reports

In the event that first aid or corrective action is provided to you or for you, the staff responding is required to ensure that proper documentation is provided for our records.



# HEALTHY LIVING

## AQUATICS

Our large pool is 25 yards and 82 degrees and is set up for lap swimming, however water fitness and swim lessons are also scheduled at times. The small pool is 20 yards and 88 degrees. It is used for recreational swimming, lessons and water fitness.

### Staff Certifications

All Y lifeguards are certified in CPR, first aid, oxygen administration and life guarding.

### Age Guidelines

Children ages 5 and under must be directly supervised by an adult in the water and within arms reach. A supervising adult is considered to be a person age 18+. One adult supervising two children is recommended for children under 5. Lifeguards reserve the right to limit ratio based on circumstances. Swimmers under the age of 18 must complete and pass a deep-water test to use the deep end of the small pool or the large pool. Children ages 8 and under must have an adult in the pool area.

### Deep-Water Test

- Jump into deep water without holding onto the wall
- Swim 25 yards with your head above the water
- Float on your back for 30 seconds
- Tread water for one minute
- Get out of pool unassisted and jump into deep water

### Etiquette

Please shower prior to entering to help keep our pools clean.

### Food and Beverages

- Closed water bottles are permitted
- No food, beverages or gum permitted in the locker rooms or pool area

### Lane Swimming

Swimmers should swim on the right side of their respective lane during busy times. Each turn should be approached from the right to the left and finished with a straight-ahead push off. Please refer to the current pool schedule for lap swimming times. Schedules can be found at the Membership and Reception desks or on our website.

### Programs

Aquatic programs are listed in our program guide and have priority use of the pools.

### Refund Policy

All requests for refunds must be in writing and reviewed by the Aquatic Director. Full refunds can be issued for swim lessons prior to the start of the session, partial refunds will not be issued for unattended classes.

### Make-Up Policy

Should the YMCA cancel classes for any reason, a make-up class will be scheduled. Make-up classes are not available for individuals in group swim lessons that cannot attend at registered class time. Once private or semi-private swim lessons are scheduled and confirmed, make-up classes are not available. However, if the instructor must miss/cancel for any reason, a make-up class will be arranged to avoid a substitution situation.

### Proper Attire

- Bathing suits are required, e.g., swim trunks for men and boys and one-piece or two-piece bathing suits for women and girls
- Requests for alternative wear due to religious and/or cultural reasons should be addressed directly with the Aquatics Director
- Cotton t-shirts should not be worn in the pool. Tight-fitting swim shirts are permitted
- Cutoffs are not permitted to be worn in pools

- Children who are not yet toilet trained must wear swim diapers and a bathing suit. Cloth or disposable diapers cannot be worn in the pools

### Toys/Equipment

YMCA equipment is limited to class or therapy use. Toys and light balls are permitted at low-attendance times. Kick boards and pull buoys are provided only to lap swimmers. Children using Coast Guard-approved flotation devices must be within arm's reach of an adult. Life jackets are available for use with adult supervision.

### Use of Saunas, Steam Rooms and Whirlpools

Participants should limit time in these facilities to a maximum of 10 minutes. Individuals at high risk (pregnant women; individuals taking prescription medicines; those with elevated blood pressure, circulatory deficiencies, diabetes, heart disease, emotional disorders, or history of seizures or epileptic seizures; individuals prone to dizziness or lightheaded episodes; and those under the influence of alcohol or recreational drugs) should be advised to not use the sauna, steam, or whirlpool unless authorized by a physician.

## GYMNASIUM

Gymnasiums are located on the second and third floor of the Y. A number of programs are available to our members. Inquire at the Membership Desk.

- Leather basketballs are available at the Membership Desk and must be signed out with ID or deposit
- Please check the gym schedule for open gym times
- No dunking or hanging from hoops
- No spitting
- Proper, nonmarking shoes and attire are required
- No vulgar and/or profane language

## RACQUETBALL AND HANDBALL COURTS

Racquetball courts are located on the third floor of the Y. Racquetball courts are available for your use and must be reserved by calling or stopping by the Membership Desk to reserve your time. Courts can be reserved up to 48 hours in advance. The Y does provide equipment if needed.

### Age Guidelines

Children ages 10+ are permitted to utilize the racquetball courts.

## RUNNING/WALKING TRACK

Our running/walking tracks are located on the lower level and third floor of the Y.

### Food and Beverages

- Closed water bottles are permitted
- No food, beverages or gum allowed

### Proper Attire

- Proper workout attire and closed-toe athletic shoes are required
- No sandals, swimsuits or clothing that may be inappropriate for a family environment

### Track Etiquette

- Follow the daily directional signage
- Always walk or run single file except to pass
- All walkers and slower runners keep to the inside lane
- No strollers; strollers can be pushed around the gymnasium

## WELLNESS CENTER

Wellness Centers are located on the first and lower level of the Y. Wellness staff is generally available in both centers to assist members with equipment, orientations and safety.

### Wellness Center Staff

The Y's certified Wellness Center staff works to not only create a welcoming environment for our members of all backgrounds and abilities, but is also available to help you to achieve your health and well-being goals.

If you have not yet met with one of our Wellness Center staff, please contact the Membership Desk to schedule your appointment.

### Wellness Center and Program Orientations

Y staff will demonstrate proper use of the cardiovascular and strength training equipment. Please contact the Membership Desk to schedule an appointment.

### Cardio Time Limit

- Please limit your time on all cardio equipment to 30 minutes during peak times or when others are waiting

### Youth Fitness Orientations

We welcome youth to learn how to properly use the equipment in order to avoid injury and balance workouts between cardio and strength. We also reinforce the Y's character values of caring, honesty, respect and responsibility. The following courses are offered, by appointment:

- Youth Wellness Center Orientation — ages 11-14
- Intro to Weight Lifting — ages 15+
- Upper Level Fitness Orientation — ages 15+
- Please contact the Membership Desk to schedule an appointment

### Age Guidelines

- Youth members ages 11-14 who have completed the youth orientation are permitted use of the lower Wellness Center
- Youth ages 15+ can use both Wellness Centers and free-weight room
- No one under age 11 is permitted in the Wellness Centers



# HEALTHY LIVING

## WELLNESS CENTER (CONT.)

### Rack Your Weights

As a courtesy to all members, when using free weights and plates, please return them to the proper place at the end of your workout. Please do not drop the weights on the floor, this may break them.

### Cleaning the Machines

As a courtesy to all members, please use the cleaning spray and paper towels provided to wipe down each machine, equipment and stretching mat after use.

### Circuit Priority

- If you intend to perform more than one set of repetitions on a machine, please allow others to work through on the equipment as you rest between sets
- Members who wish to use the strength-training-in-circuit format are given priority over those performing multiple sets
- Circuit users utilize each machine for a set of eight to 12 repetitions

### Personal Training

Not seeing the results you need? Not sure how to progress your workouts to the next level? Need help adding variety to your workouts? You can achieve this through a Y Personal Trainer. Choose from 1:1 or small group sessions at affordable rates. See Membership Desk to schedule an appointment.

### Cell Phones

For your safety and out of respect for other members, we ask that cell phones are not used in the Wellness Center. Please use the lobby for calls.

### Food and Beverages

- Closed water bottles are allowed
- No food or gum allowed

### Proper Attire

- Proper workout attire and closed-toed athletic shoes must be worn at all times
- No sandals, swimsuits or clothing that may be inappropriate in a family environment

## STRENGTH TRAINING/FREE- WEIGHT ROOM

The strength training/free-weight room is located on the lower level of the Y.

### Age Guidelines

- Members 15+ are permitted full use of the free-weight room

### Food and Beverages

- Closed water bottles are allowed
- No food or gum allowed

### Proper Attire

- Proper workout attire and closed-toed athletic shoes must be worn at all times
- No sandals, swimsuits or clothing that may be inappropriate in a family environment

### Etiquette

- Spotters are recommended
- Do not drop weights, they may break
- Clean language is a refreshing must

Non-YMCA personal trainers are **not permitted** to use the Y facilities to train their clients.

# GROUP EXERCISE CLASSES

## GROUP EXERCISE

### Basic & Brief, Cycling Studio, Holistic Center, Studio 1

From low-impact exercise and chair classes to stretching and strength training to cycling and yoga, you'll find a group class that's fun, supportive and keeps moving. Hundreds of free classes weekly for members. So break a sweat, chat with a friend, relax your mind, challenge your body, or reconnect and recharge!

#### Age Guidelines

- Members ages 13+ may participate in all holistic classes, unless the class is specified for youth

#### Equipment

Equipment should be returned to its proper storage place to ensure safety and cleanliness of the room. Weight-bearing exercises should not be performed against the mirrors for safety reasons.

#### Safety Guidelines

It is highly recommended that you see a physician before beginning an exercise program, especially if you have any pre-existing medical conditions.

#### Food and Beverages

- Closed water bottles are allowed
- No food or gum allowed

#### Proper Attire

- Proper workout attire and closed-toed athletic shoes must be worn at all times
- No sandals, swimsuits or clothing that may be inappropriate in a family environment



# HEALTHY LIVING

## CHILD, YOUTH AND TEEN ACCESS

There are a number of activities that children, youth and teens can participate in at the Y. The Fun & Fit Zone, located on the second floor, is a designated, programmed area for youth 8 to 14 years old. Youth ages 11–14 may participate in our youth Wellness Center orientations, which concentrate on flexibility, cardiovascular and strength. Youth 15+ may use both Wellness Centers. A number of family fitness and fun nights are planned throughout the year. Members are notified of these events through monthly e-newsletters, Facebook postings as well as in our branch.

Our expectations are that parents are responsible for their children at all times.

We need your support in ensuring children, youth and teens will:

- Accept directions from Y staff
- Show courtesy and respect for others while at the Y
- Not use offensive/hurtful language anywhere within the Y
- Take care of facility and equipment
- Abide by the guidelines in this handbook

Please remember that children under the age of 13 must be accompanied at the facility by a parent or adult age 18+. Children under 6 must remain with a parent or guardian at all times unless registered in a program or class. Children under 11 are not permitted in either Wellness Center but may find recreation in the pool, gym or Adventure Area.

## ADVENTURE AREA AND FUN & FIT ZONE

### Adventure Area

- Free member service for children 6 weeks through 7 years in the Adventure Area
- The Y provides child watch for up to an hour and a half per day
- The responsible party must remain on the Y premises at all times

### Fun & Fit Zone

- Free member service for children 8 to 14 years old
- Up to an hour and a half per day
- The responsible party must remain on the Y premises at all times

### Crying Children

Children will be cared for in a compassionate and responsible manner by staff. In the event that a child seems to be visibly upset and unable to be comforted by a staff member, parents will be asked to pick up their child. Although this may interfere with your workout, this procedure will be followed for the comfort and well-being of your child and other children in the Adventure Area.

### Diapers/Bathroom Assistance

- Please bring your child in a clean diaper
- You will be asked to return to change diapers
- A bathroom is available for children old enough to use it on their own



## Discipline in All Programs

Discipline in the Adventure Area is based on an understanding of the individual child's needs and stage of development. It is based on the use of positive reinforcement, reasonable expectations, logical consequences, distraction and diversion. Physical punishment is never administered.

## Footwear

- Children will be asked to remove footwear before entering the Adventure Area. Children must wear socks.

## Sign-In/Sign-Out

All participants must be signed-in and signed-out of the Adventure Area. Both parent and child will be given a wristband. The wristband will be matched up upon signing out.

## Snacks/Toys

No food snacks or outside drinks are permitted in the Adventure Area. Children should refrain from bringing toys from home.

## Staff Certifications

- Adventure area attendants are trained, experienced and knowledgeable
- Each attendant is certified in CPR, AED and first aid

## LOCKER ROOMS

Locker rooms are available for your convenience. Coat racks and lockers are also located in the Wellness Centers.

### Day Use Only

- We provide complimentary lockers for day use only
- We advise all members to place a lock on the locker they are using
- Locks left on overnight will be cut off and the contents will be kept for at least one week
- We are not responsible for the replacement of cut locks
- The use of cell phones in locker rooms is prohibited

### Rentable Lockers

Small lockers located in both the locker rooms can be rented.

### Men's Health Center

A private locker area for men that is offered at an additional cost. Towel service is provided along with toiletries and a private sauna. Contact the Membership Desk for details.

### Family Locker Rooms/ Children in Locker Rooms

- Family locker rooms are available in the hallway on the way to the pool
- Children over the age of 6 are not permitted to use the locker room of the opposite gender. These locker rooms are for the comfort of your child and fellow members.

## Swimsuit Spinner

- For your convenience, swimsuit spinners are available for use in both the men's and women's locker rooms
- Be sure to read all directions prior to use
- The Y is not responsible for damaged or lost suits

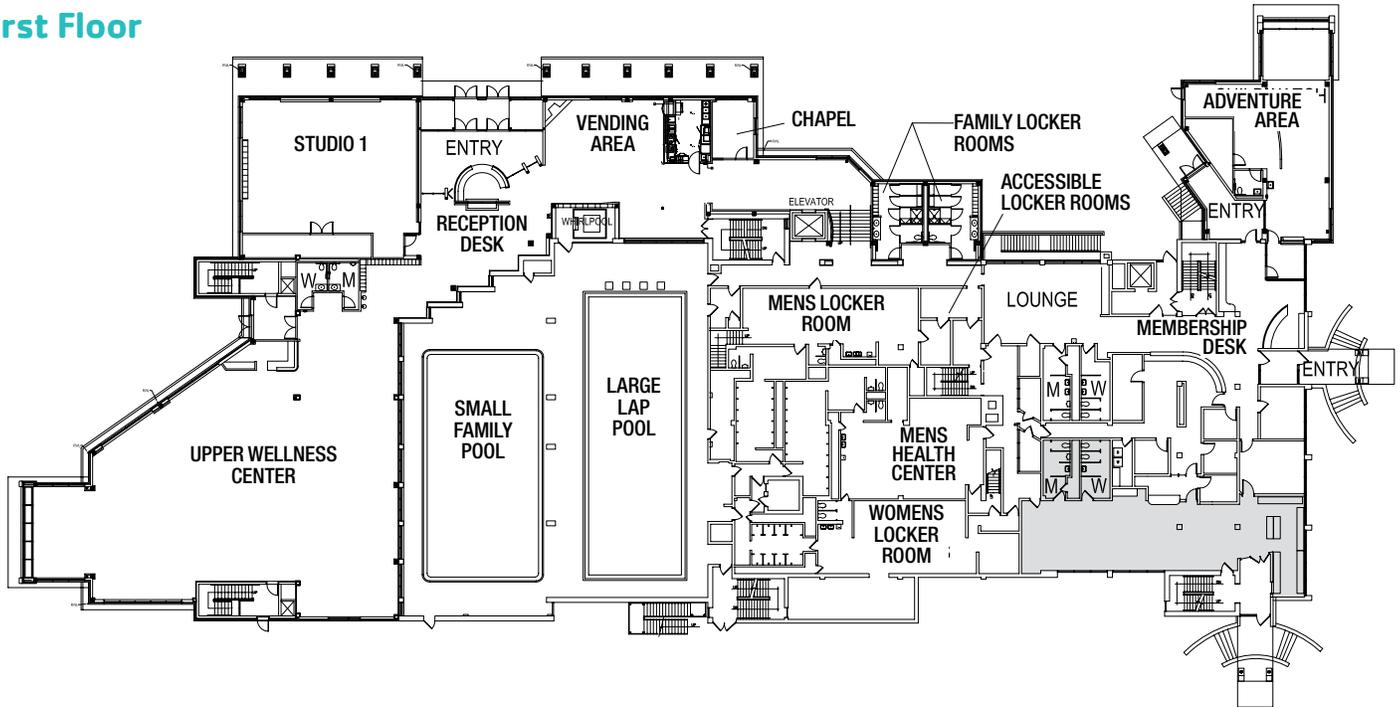
## Lost and Found

- The Y is not responsible for lost or stolen items
- Check at the Membership Desk if you have lost an article
- Items are kept for one week, after which they are donated to an appropriate charity
- Valuable items will be secured and arrangements must be made for pickup

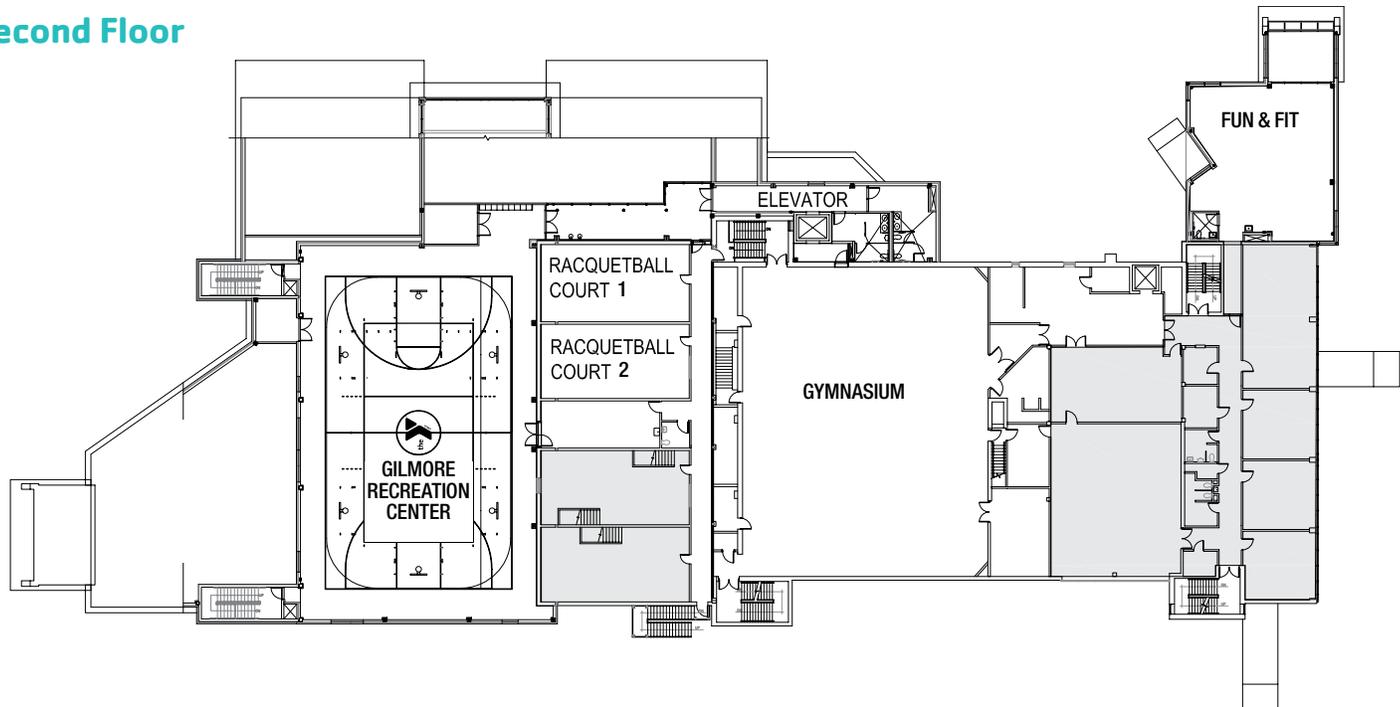
The YMCA of Greater Erie is an inclusive organization open to all. We welcome all people regardless of ability, age, background, ethnicity/race, faith, gender, self-reported gender identity and/or expression or sexual orientation. In keeping with our commitment to diversity and inclusion, and to ensure everyone feels welcome at the Y, we give transgender individuals the opportunity to choose the locker room they are most comfortable with. The policy of the YMCA of Greater Erie is to allow each individual to self-identify their gender. Alternative facilities are available for all members desiring more privacy. We do ask if preoperation, transgender individuals use a bathroom stall or enclosed shower to change.

# GETTING AROUND

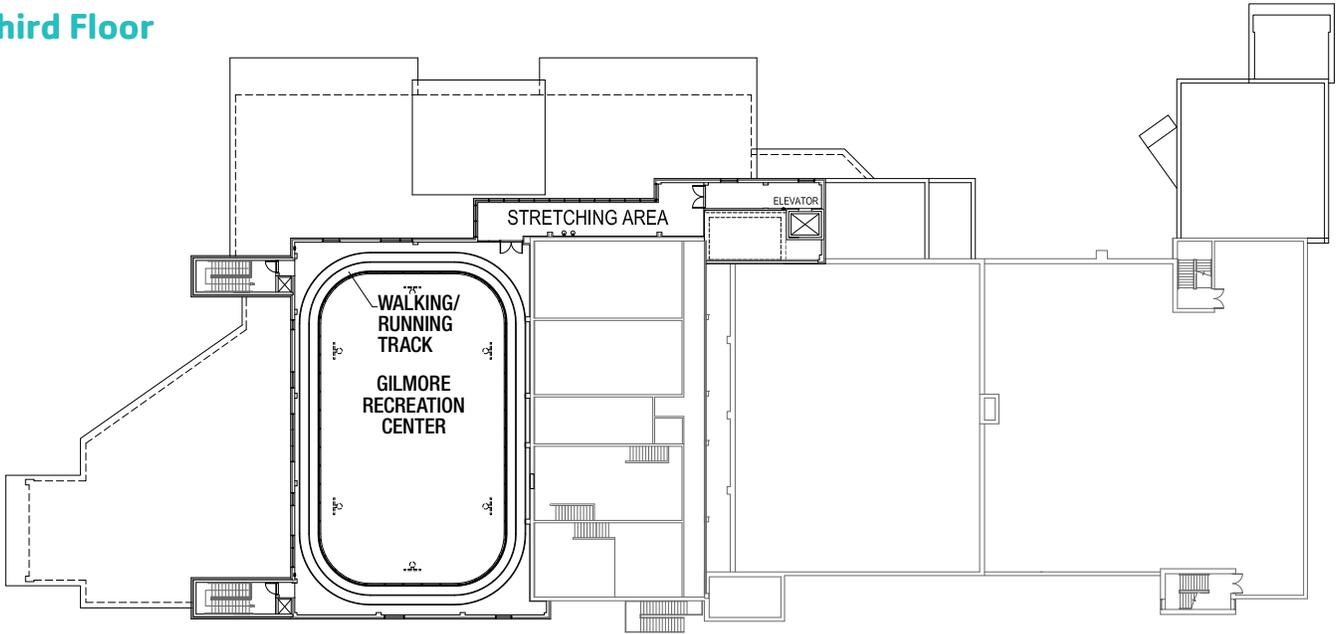
## First Floor



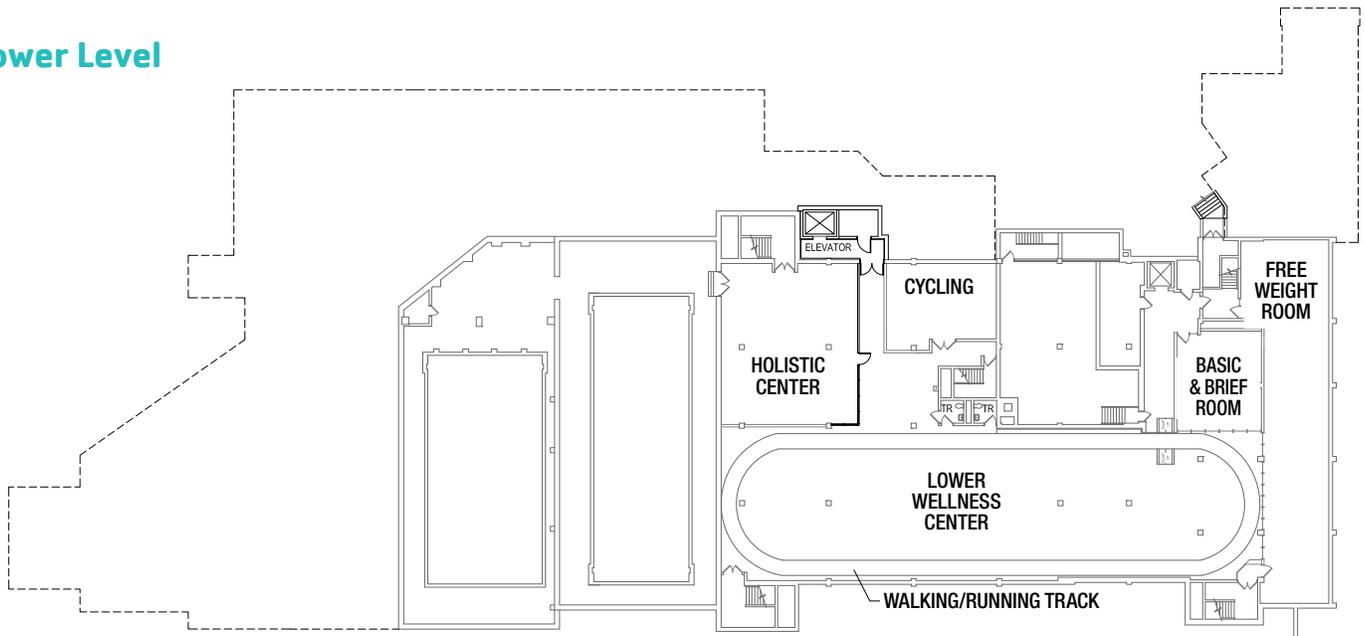
## Second Floor



## Third Floor



## Lower Level



**YMCA OF GREATER ERIE  
GLENWOOD PARK YMCA**

3727 Cherry Street  
Erie, PA 16508

(814) 868-0867  
[www.ymcaerie.org](http://www.ymcaerie.org)