

"Man in the Mirror"

I'M STARTING WITH THE MAN IN THE MIRROR
I'M ASKING HIM TO CHANGE HIS WAYS
AND NO MESSAGE COULD HAVE BEEN ANY CLEARER
IF YOU WANT TO MAKE THE WORLD A BETTER PLACE
TAKE A LOOK AT YOURSELF AND THEN MAKE A CHANGE

- Michael Jackson



US, it's what this country is made of — a helping hand, a shoulder to lean on. Us — is all of us.

It often feels like we live in a time that defines us by our differences; different looks, different voices.

Our community is more diverse than you might think — whether it's age, gender, gender identity, race, religion, ability or something else. Many of us have different backgrounds and experiences that help form our worldview. What we don't realize (or we sometimes forget) is that understanding different points of view and experiences helps make us all stronger.

The Y now ... as it always has been ... is a place of possibility and promise for us all. Unfortunately, in times when the true power of "us" is unknown to many and it seems our bonds are fraying, we must do even more to enhance our human connections. The Y fills the gaps and bridges our divides, it's a place where we can become us again — because where there's a Y, there's an us.

For a better you.

For a better community.

For a better us.TM

Reflections of US

For all is a simple but powerful phrase. Without it, our mission is incomplete. We are passionate about our cause to strengthen our community and know that our ability to achieve it begins with reflecting people from all walks of life.



Devin Perry — The Y puts the "y" in Family. As a scholarship recipient, Devin quickly discovered that the Y was more than a gym. Her involvement led to her certification as a Y group exercise instructor because she wanted to help others feel as healthy and happy as she did. She came to the Y to get fit and to become healthier, and found a supportive and encouraging family.

Tammy Coburn — Faced with a long recovery following a near-fatal motorcycle accident, Tammy discovered the Y in 2015. She had enough of losing her breath walking, so she joined the Y. Group cycling led to running and interval classes and water fitness. She now has bragging rights having swum across the equivalent of Lake Erie in 2017. She now swims 1 mile in 40 minutes.

Ethan Caplea — Ethan's been swimming his entire life. Year-round swimming activities — Waldameer, Presque Isle, and birthday parties — keep Ethan going with his friends. He aspires to be a YMCA lifeguard and will enroll this summer with the help of a YMCA scholarship. He believes that being a lifeguard will help him work hard to better himself every day. He loves the thought of helping people — much like the Y has helped him.



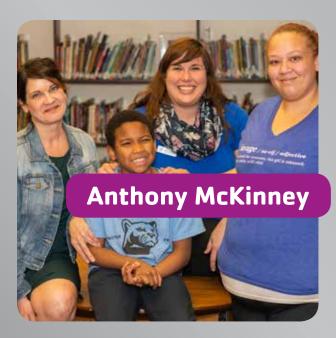


Anthony Pepicello — A goal of getting in shape to compete in the Dwarf Athletic Association of America this summer returned Anthony to the Y and the hard work of regaining strength and cardio with the help of his personal trainer Glen. It's Glen's creative and comfortable style that Anthony appreciates the most as he modifies exercises to accommodate Anthony's physical abilities.

Alex Shiflet — Diagnosed with autism and intellectual disability at the young age of 2, Alex, now 11, is thriving in the Y's Before & After School Enrichment and Summer Camp programs. Despite attending other programs, Alex found his "happy place" with tremendous support and acceptance from the staff and other children at the Y.



Dave Piotrowicz — The Y was a natural choice for Dave in 2008 when he was going through a lengthy recovery from a total heart transplant. It was a decade earlier that he had joined the Y to teach his children the lifesaving skills of swimming. He always knew the Y was a "lifesaver," but having recovered from a heart transplant with the help of the Y, gives the word a whole new meaning.



Anthony McKinney — Making friends at a new school is tough. Anthony, age 9, was the new kid at Pfeiffer-Burleigh School. As summer approached, his mom, Juanita, learned about the Y's Power Scholars Academy — a summer enrichment program focused on summer learning-loss prevention, enrichment and character development. It turned out that Power Scholars Academy was a perfect fit for Anthony to develop new friendships and learn through classroom and field trip experiences.

Mark Durfee — November 16, 1991, changed Mark's life forever. A near-deadly motorcycle accident led to the below-knee amputation of Mark's left leg. The injury has not stopped Mark from coming to the Y six days per week to build muscular and cardiovascular strength. He loves the Y and has made lifelong friends who support him.

Jim Christensen — Lower back pain and arthritis have plagued Jim, an Air Force veteran, for decades. Through the Y's Wellness Series for Veterans program, Jim finds relief in the water fitness program. He's also lost about 30 pounds and believes when you feel better physically, you feel better mentally.





Imani Williams — A love of singing led Erie High junior Imani to the Y's Teen Center and the Life Through Music program. In addition to working on her vocals, she has learned music theory and how to play the piano and percussion. The Teen Center has provided Imani with opportunities to expand her musical talents and meet other teens that share her passion.

Manny G. — Middle school is a big transition and Manny wanted to learn to swim before starting pool class. After numerous swim lessons elsewhere, Manny signed up at the Y and met Coach MacKenna. It turned out to be a perfect match because MacKenna was sensitive to Manny's abilities (she has Down syndrome and her independence!). Weekly lessons and goal setting led to Manny's improvement. Through a lot of hard work and respect for each other, Manny passed her Deep Water Competency Test earlier this year. Not only did she gain confidence, she gained a friend in MacKenna.



Rachael Clark — Rachael is still a work in progress — a happier, healthier work in progress. Having lost nearly 100 pounds in 2012, Rachael and her husband welcomed a new baby in 2014. Life circumstances led to stress eating and sedentary habits, and by 2015, Rachael had regained nearly all of her weight. Out of breath and lightheaded while walking up a "sloped" sidewalk, Rachael knew it was time for a change. Classes and friendships at the Y supported Rachael in her current loss of 66 pounds and completion of her first triathlon and Zumbathon.

2017 Operating Revenue





REVENUES

Membership	\$5,626,804
Childcare	
Program	
United Way	
Community Support	
Other	
TOTAL	

EXPENSES

Salaries and Benefits \$10,710,50	07
Other Operating Expenses \$7,253,4	
TOTAL\$17,963,93	

MEMBERSHIP	2016	2017
(as of Dec. 31, 2017)		
Membership Units	8,537	8790
TOTAL MEMBERS	26,698	26,470

2017 Highlights



TENS EMPOWERED TO REACH THEIR POTENTIAL THROUGH MENT®RSHIP, CREATIVE EXPRESSION, ACADEMIC ENRICHMENT, §CONFLICT RESOLUTION













350 GIVEN

TO VETERANS

HELPING THEM DEAL WITH ANXIETY

AND RETURN BACK TO SOCIETY

3,355AA
FAMILIES STRENGTHENED
FAMILY BONDS

3,382
CHILDREN
GROWING UP
LEARNING
AT THE Y





2017 Employee and Volunteer Recognition

EMPLOYEE OF THE YEAR

Josh Sibbald, *County*Anthony Glover, *Downtown*Kyle Hendricks and Karyn Snedeker, *Eastside Family*Kelly Humes, *Glenwood Park*Sherice Holman and Dave Sputsa, *Association Office*

VOLUNTEER OF THE YEAR

Dennis Howard, *County*Debbie Woodie, *Downtown*GE Global Optimization, *Eastside Family*Becca Leone, *Glenwood Park*MJ Surgala Trust, *Association Office*

5 YEARS OF EMPLOYEE SERVICE

Don Aiken Nicole Becker Marne Brzozowski Paul Darrow Chervl Dolak Ann Marie Fosco Tracv Gotham Rae Grygier Sherice Holman Cheri Howard Chelcie Ketterer Robert King Ron Lance Stasia Lesoski Alvssa Loper Patricia McLendon Jamie Model

Julissa Nieves
Cori Ochalek-Kanis
Kim Ozimek
Heidi Pecoraro
Abigayle Pooler
Jen Robinson
Christine Sanner
Jamal Sharif
Jessica Smith
Cosette Steehler
Rebecca Strader
Kyle Thomas
Bethany Vergotz
Corey Wolff
Ilana Wolfson

10 YEARS OF EMPLOYEE SERVICE

Julie Baganski William Beach Kendra Christiansen Stephanie Crowl Betty Dean Susan Ellsworth Donald Ferri Nancy Jo Foor Diane Forish Mona Free Heidi Kelly Linda Markham Shelly Miller Carrie Olson Karri Pacileo Devin Perry Shirley Pytlarz Kevin Salem Kathleen Seib Alexandria Snippert

15 YEARS OF EMPLOYEE SERVICE

Janet Bailey
Sandra Berkowitz
Linda Bush
Mary Dougan
Tammi Firestone
Melissa Grey
Kelly Humes
Stephanie May
Mary Schmidt
Sara Volkman

20 YEARS OF EMPLOYEE SERVICE

Cary Bardwell Kelly Gheres Lori Lewis Rose Lucas April Moskalczyk Lawrence Schaller Stacey Tetuan

25 YEARS OF EMPLOYEE SERVICE

Debra Anderson Kathy Heiter James McEldowney

30 YEARS OF EMPLOYEE SERVICE

Dianne Dale

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The YMCA makes every effort to ensure that each contributor's name is listed properly. If your name was omitted, listed incorrectly or misspelled, we offer our sincere apologies and ask you to advise us of corrections by calling Tammy Roche at (814) 452-1432.

Lauren Munsee Lisa Nelson

YMCA HERITAGE CLUB MEMBERS

The following individuals have made a lasting investment in our community through their commitment to the YMCA Endowment Fund. Below is a partial list of members as some prefer to remain anonymous.

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Douglas Ziegler
*Denotes Deceased

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Walt and Martha Wydro

Recognizes donors for contributing \$1,000 or more to the Y's annual community support campaign We Build People or special events, projects and programs during calendar year 2017.

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Cascade Park Club Corey Cook Richard Chapman Coca-Cola/Powerade

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Jack Daneri

Color Run

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ECCA

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